

Prayer Guide & Devotional

# 7 Days of Breakthrough and Manifestation

Apostle Rodney Cain

[www.RodneyCainMinistries.com](http://www.RodneyCainMinistries.com)



# Breakthrough Defined

## What Is the Meaning of Breakthrough in the Bible?

Before we begin, we have to first define this somewhat vague term that can many times be misunderstood.

Breakthrough is most simply described as Heaven manifested on earth. It is a byproduct of being in the presence of God as well as the authority given to us through the cross. Breakthrough brings the shifting of mountains that the world cannot accomplish by itself.

On a practical level, breakthrough is not only limited to manifested blessing such as financial provision and physical healing, but it is most importantly character development. “Taste and see that the Lord is good.” – tangible and intangible blessing of God’s character demonstrated to us.

## Why Does God Give Breakthroughs, and Why Do We Receive Them?

Why? Because it gives God glory and benefits the other people he has placed around us. When people encounter God on an experiential level, like Jesus consistently demonstrated in his ministry, they want what He has to offer. Breakthrough is not for selfish gain, but rather for the kingdom as a whole. To not petition for it and live in a poverty mindset is actually a form of selfishness because you owe it to God to represent him to the world.

“When your lives bear abundant fruit, you demonstrate that you are my mature disciples who glorify my Father!” John 15:8

People will only want our Jesus if they can look at our lives and see that we have something worth having. When God sets us free from fear, when He comes through miraculously in our finances, when He heals our cancer, when God orchestrates a fulfilling job or spouse for us, people see something incredible that the world cannot give – The character of God – perfect love.

## John Bloom wrote in his article: “Praying For A Breakthrough”

A breakthrough is a military concept. When one army is able to weaken its enemy’s forces to the point of collapse, a breakthrough occurs, allowing that army to invade and take its enemy’s territory.



# Breakthrough Defined

But in war a breakthrough only really matters if it occurs at a strategic location. And the evidence that a location is strategic is almost always revealed by the amount of enemy forces amassed to protect it. An enemy led by skilled generals plans to ferociously protect what it prizes highly.

This means that an invading army can expect its attempt to achieve a breakthrough to be met by a barrier of fierce enemy opposition. Increasingly intense fighting always precedes strategic breakthroughs. Strategic ground is not yielded easily.

## Our Breakthroughs Are Opposed by Powerful Forces

This is as true for spiritual warfare as it is for terrestrial warfare. In the spiritual realm, as opposed to the terrestrial, the church is an invading force. Though we can easily slip into a defensive, circle-the-wagons mindset, Jesus clearly intends for us to be aggressors, not merely defenders. The Great Commission is to “go and make disciples of all nations” (Matthew 28:19). In a world that “lies in the power of the evil one” (1 John 5:19), that’s militant language. Our mission: to liberate those the devil has taken captive to do his will (2 Timothy 2:26).

*If you're praying for a breakthrough and not seeing it, do not give up. Opposition precedes breakthroughs."*

But we must keep in mind that strategic ground is not yielded easily. Whether we're battling for breakthroughs against our own stubborn sin or the unbelief of a loved one or breakthroughs in the missional advance of our local church, reaching unreached peoples, rescuing persecuted believers, orphans, sex slaves, or the unborn, we are up against “spiritual forces of evil in the heavenly places” (Ephesians 6:12). We don't know exactly what that means, except that these forces are very strong.

## Daniel's Example

Daniel 10:12–14 gives us a brief glimpse of what's happening. Daniel had been praying and partially fasting for 21 days to gain greater insight into the revelations he had received (Daniel 10:3) when an angelic being finally showed up with an answer to his prayers. This messenger said that he had been trying to get to Daniel for those 21 days, but had been detained by “the prince of the kingdom of Persia.” The chief angel Michael had to come and free him.



# Breakthrough Defined

This experience of Daniel is an example to us. It's not a formula that can simply be boiled down to pray and fast for 21 days and Michael will come help you overcome cosmic forces. But it is an example of what is taking place outside of our sight. God does not want us to know more about the angelic realm than what he has revealed in Scripture, otherwise Scripture would have revealed more. But he clearly wants us to know that there is more going on than we see so that we will pray to him and fast until he gives us an answer.

## When God Moves, Satan Responds

The consistent pattern throughout the Bible is that every significant move of God is preceded by a season of increasingly difficult, discouraging opposition. And if we take Ephesians 6, Daniel 10, and other warfare texts seriously, we can understand why: God is invading what Satan considers his territory. God's kingdom is breaking through the lines of the domain of darkness (Colossians 1:13).

*"Real spiritual breakthroughs aren't achieved without prayer. Prayer is necessary to weaken our opposition."*

If we are not encountering opposition, it's likely we are not attacking a strategic location. But if we are, we are on to something. Where the enemy is fortifying his forces is where we must focus our assault.

And where the enemy is fortified, there is going to be a fierce fight if we are going to achieve a breakthrough. We are going to receive volleys of flaming darts (Ephesians 6:16). We are going to be attacked on the rear. There will be spies in the camp. There will be jeering and intimidation and accusations. There will be efforts to destroy our morale and determination.



# Breakthrough Defined

## A Call for Breakthrough Determination

So this is a call for holy determination. Keep praying and don't lose heart (Luke 18:1). Just like in any large-scale war, there are many battles. Some breakthroughs are achieved relatively quickly; others require long, persevering endurance. But either way, breakthroughs require a determination to keep up the assault.

Usually breakthroughs are not achieved by prayer alone — there are works to be done and courage to be exercised. But real spiritual breakthroughs are not achieved at all without prayer. Concentrated, specific, persistent, prevailing prayer, often engaged in by two or more (Matthew 18:19), is needed to weaken our spiritual opposition. And fasting is a wonderful help. "Fasting tests where the heart is. And when it reveals that the heart is with God and not the world, a mighty blow is struck against Satan" (A Hunger for God).

So, if you're praying for a breakthrough and not seeing it, and in fact experiencing more temptations to discouragement, frustration, weariness, doubt, and cynicism than before, do not give up. Increasingly intense fighting always precedes strategic breakthroughs. Strategic ground is not yielded easily. You're up against more than you know. But "he who is in you is greater than he who is in the world" (1 John 4:4). He has overcome the world (John 16:33) and he will give you justice (Luke 18:8). Don't lose heart. Grow determined. There's a breakthrough ahead.



# Reflect

*And they overcame him by the blood of the Lamb, and by the word of their testimony; and they loved not their lives unto the death.*

*Revelation 12:11*

## **Assignment 1**

Take a moment to reflect on past testimonies of breakthrough that you've encountered in your life. Make a list of these Breakthroughs and rehearse them daily during these seven days of fasting and prayer. In your time of praise, offer to the Lord thanksgiving for these breakthrough encounters in your life. Thanksgiving is inessential in Spiritual Warfare.

## **Assignment 2**

As you embark on this Journey, Identify the areas of your life that you are believing God For Breakthrough.

## **Assignment 3**

Prayer of repentance: Ask God's cleansing power to remove any sin knowingly or unknowingly in your life. Ask God to Search your heart of any un-forgiveness or offense you may have in your heart towards Him, yourself & others. Repent of any disobedience toward the Word of God. all of these things will lock up heaven over your life. Repentance, forgiveness, and Obedience is powerful in seeing breakthrough in your life!



# Repentance Prayer & Scripture Reference

## PRAYER POINTS FOR MERCY, FORGIVENESS AND REPENTANCE

**Psalm 51:1-2**, O Lord, have mercy on me and blot out all my sins, in the name of Jesus.

**Ephesians 2:4-5**, O Lord, because of Your love and compassion over me, save me by Your grace so that I will be worthy of your blessings, in the name of Jesus.

**Psalm 25:6-7/James 2:13**; O God of Mercy, do not remember the iniquities of my past to judge me, remember me today and tonight, in the name of Jesus.

**Hebrew 4: 16**; O God, I come before You today to obtain mercy and find grace to fulfill my purpose, in the name of Jesus.

**Matthew 6:7**; O Lord, I receive Your grace to have mercy upon this person..... (Mention name), in the name of Jesus.

**Genesis 39:21**; Just as the way you were with Joseph and show him steadfast love and favour in the sight of the keeper of the prison, By Your Mercy O Lord, let the proportion of Joseph's blessings reach me, in the name of Jesus.

**Romans 9:18**; O God of Joseph, arise and show me in Your loving mercy, in the name of Jesus.

**Lam 3:17**; Any evil from the mouth of men against my life, Mercy of God, cancel them, in the name of Jesus.

**1 Cor 3:17**; Anything in my life serving as a defilement of my body and spiritual life, die, in the name of Jesus.

**Romans 10:9**; By Your great Hand of Mercy, raise me up from this sins (Mention them) and save me, in the name of Jesus.

**Matthew 6:33**; I receive the grace to seek after Your kingdom and righteousness alone so that everything I am looking for shall be added unto me, in the name of Jesus.

**Isaiah 53:6**; O Lord, If I have gone astray, If I have been disconnected from the power of Your Salvation, let your grace bring me back, in the name of Jesus.

**Matthew 24:35**, For it is written that Heaven and earth shall pass away, but Your words in my heart shall not pass away, it shall stay to bring greater results for me, in the name of Jesus.

# Repentance Prayer & Scripture Reference

## PRAYER POINTS FOR MERCY, FORGIVENESS AND REPENTANCE

**Gal 5:19-21;** Any secret sins I am harboring that is not blessing my life, I decree they shall be destroyed, in the name of Jesus.

At the bus stop of disappointment, Mercy of God, bail me out, in the name of Jesus.

I frustrate any power pushing me away from enjoying the great mercy of God, in the name of Jesus.

Mercy of God, lift me up above my present situations, in the name of Jesus name.

O God of Daniel, hear my cry of mercy, in the name of Jesus.

Oh Son of David, let today be the beginning of my total freedom, in the name of Jesus.

O Lord, if I am not permitted to be one of the candidates of heaven, Mercy of God, push me there, in the name of Jesus.



# War At The Edge of Breakthrough

Paul said in one of his letters to the Corinthian Christians:

“For a great door and effectual is opened unto me, and there are many adversaries.” 1 Cor. 16:9

Had Paul just said, “for a great door and effectual is opened unto me” and stopped, we would have every cause to jump and shout. However, notice how he continues: “and there are many adversaries.”

That’s War at the Edge of Breakthrough.

The door was opened, and it was not an ordinary door. Paul described it as a great and effectual door. The moment the enemies saw that the door was opened, they showed up to close it, thereby hindering Paul from going through his breakthrough. We are at the edge of breakthrough – are you going to cross over? We have all struggled to get to this point –will we follow Holy Spirit into our destiny –or – will we hold back and just test the waters?

Phil.3:8-14

Lets look at a place in the word called Kadesh Barnea. Biblical names of people, places and things have meanings that teach profound spiritual lessons.

Kadesh Barnea was a transit point in the pilgrimage of the children of Israel to the Promised Land. Kadesh Barnea was a stopping point on their journey just like the Oasis is a stopping point or staging area for you. You have the same options as the children of God

Kadesh Barnea was a point of retreat at the edge of the Promised Land. Kadesh Barnea is symbolic of a negative turning point. We have learned that there is always war at the edge of breakthrough.

Geographically, from Horeb, the mount of God, to Kadesh Barnea was eleven days journey. The presence of God experienced at Horeb – Mount Sinai – was to strengthen the faith of God’s people to enter the Promised Land. However at Kadesh Barnea, the awesome encounter with the Almighty and his mighty manifestation at Horeb was an experience, just eleven days old. Canaan itself was only two days journey away from Kadesh Barnea. Between the Promised Land and Horeb was the place where the powers of failure at the edge of success attacked, forcing the children of Israel to fall back from the place that was so close.

# War At The Edge of Breakthrough

This journey is described in Deut 1. They had travelled for 11 days with only 2 more to go to reach their destination. Yet after all the efforts, the severity of the journey so far from Egypt, just two days to enter their rest – what happened? God's Chosen people faltered, failed and fell to their own doom. The spirit of Kadesh Barnea was at work.

You have worked on a project. You have pursued your career to graduation level. You have prayed fervently almost getting the desired results. You have waited patiently just about to obtain the desired blessing. But something strange happens and you forfeit, you walk away from the completion of the project, the career, obtaining answers to the prayers and the patience that have cost you so much. It's the work of the spirit of Kadesh Barnea. It makes people miss their blessings just when they are about to get them. Instead of receiving a miracle pass, the opposition intercepts and take over.

This spirit worked so much against the children of Israel that the anointed exhortations from the fire brand lips of Moses, a mighty servant of God, didn't work. Will that happen here? The people were hardened to their own hurt. Some people are like that under the attacks of this spirit. There is nothing anybody or servant of God can say to encourage them or to help them carry on. They just want to quit their career, quit their jobs, and quit their projects, quit their counselling at the edge of their breakthroughs.

Deut. 1:40. 45-46: But as for you, turn around and set out toward the desert along the route to the Red Sea. ... You came back and wept before the LORD, but he paid no attention to your weeping and turned a deaf ear to you. And so you stayed in Kadesh many days—all the time you spent there.



# War At The Edge of Breakthrough

## WHAT IS THE SPIRIT OF KADESH BARNEA IN YOUR LIFE?

- It is when you cannot point to anything tangible you have achieved with your life.
- It is when you stand at a cross-roads, not knowing what to do or where to turn.
- It is staying at a satanic bus-stop meaning staying where you are. Your life is the same now as it was last year; it is like you are drifting in the ocean of life.
- It is becoming shepherdless even when you have a shepherd. You do things your own way. You will not allow leaders to guide you.

With fervour and urgency in your heart, pray. With a sincere heart before the Lord, you will discover the secrets you ought to know about your life. With sincerity in your heart, He easily reveals secrets to you. In your dreams, He will show you the operation of the spirit of Kadesh Barnea against your life.

### When you begin to dream,

1. if you are seeing dead relatives,
2. if you are going back to your primary school,
3. if you are going back to the old house you once lived,
4. if you are wearing old clothes you used to wear when you were young
5. if you are going back to your birthplace
6. or, if you see yourself playing with your kindergarten playmates

This means there is something, some evil spirit that wants to return you to the beginning of the journey of life, all over again. — It is the spirit of Kadesh Barnea.

### If you

1. see yourself climbing a mountain and yet not going anywhere;
  2. if you find yourself in a vehicle without a driver or steering wheel;
  3. if you are lost in the wilderness and your wandering only returns you to the same old spot,
  4. if you find yourself in a particular place or building you really don't know in the physical world.
  5. if you experience that something good is coming your way and then you have a dream and it prevents the good coming your way
  6. if you experience some overpowering force always press you down or oppressing you
  7. if you experience taking some exams you had already passed years ago,
  8. or if you see yourself in your former primary and secondary schools
- You must declare war on the powers that are hindering you.

# Prayer Points for Breakthrough

## PRAYER POINTS

1. Every power prolonging stagnancy in my life, die, in the name of Jesus.
2. Every power prolonging poverty in my life, die, in the name of Jesus.
3. Every power that wants to waste my destiny, be wasted, in the name of Jesus.
4. Every arrow fired into my head to return me to square one, back fire, in the name of Jesus.
5. You yoke of Kadesh-Barnea in my life, break, in the name of Jesus.
6. Every vehicle of stagnancy in my life, I kill you today, in the name of Jesus.
7. Every stronghold, binding me to Kadesh Barnea, die, in the name of Jesus.
8. You, power of failure, frustration and backwardness, die, in the name of Jesus.
9. May the power to find my bearing in the journey of life come upon my life, in the name of Jesus.
10. Desert arrows fired against me, backfire, in the name of Jesus.
11. Holy Ghost fire — cut off every unbiblical cord still attached to satan, in the name of Jesus.
12. Every bondage of circular spirit, break, in the name of Jesus.
13. I withdraw my name from the book of born for nothing, in the name of Jesus.
14. I shall get to my destination at the appointed time, in the name of Jesus.
15. I shall not take a longer journey to my inheritance, in the name of Jesus.
16. Every power prolonging my stay in the wilderness, die, in the name of Jesus.
17. Every witchcraft agenda for my destiny, I kill you now, in the name of Jesus.
18. Every local Kadesh Barnea, I kill your power, in the name of Jesus.
19. Oh Lord, let the anointing of the Holy Spirit break every yoke of backwardness in my life.
20. I frustrate every demonic arrest over my spirit-man, in the name of Jesus.
21. Let the blood of Jesus remove any unprogressive label from every aspect of my life, in Jesus' name.



# Prayerpoints for Breakthrough

## PRAYER POINTS

22. Anti-breakthrough decrees, be revoked, in the name of Jesus.
23. Holy Ghost fire, destroy every satanic garments in my life, in the name of Jesus
24. You the enemies of my career, be paralyzed, in the name of Jesus.
25. Every evil word spoken in my home town against my family, backfire, in the name of Jesus.
26. I shall reach my goal whatever anybody says about me, in the name of Jesus.
27. Every power magnetizing me to the pattern of confusion, I bury you alive today, in the name of Jesus.
28. You pattern of confusion turning me back at the edge of breakthroughs; enough is enough, die, in the name of Jesus.
29. Every cycle of confusion operating in my life, break, in the name of Jesus.
30. Every lying tongue against me, roast by fire, in the name of Jesus.
31. Any evil lie planted in anybody's heart against me, be melted by fire, in the name of Jesus.
32. Any satanic agent that has ever lied against me, receive angelic slap; receive divine hammer and die, in the name of Jesus.
33. Every family fountain chasing away my helpers, dry up by fire, in the name of Jesus.
34. Lord, pour your anointing of favour upon my life, in the name of Jesus.
35. Every power attacking my blessing day and night, vanish, in the name of Jesus
36. God arise and give me the anointing of the winners, in the name of Jesus.
37. Every hidden curse of evil pattern, riding upon the horses of my destiny, I pull you down by fire, in the name of Jesus.
38. Every re-arrangement of my destiny through the curse of evil pattern, be reversed by fire, in the name of Jesus
39. I . . . , begin to follow divine pattern for my life from today, in the name of Jesus.
40. Every evil pattern of slavery in my family die, by fire in the name of Jesus.
41. I refuse to work like an elephant and eat like an ant, in the name of Jesus.
42. Lord, let all my problems become my promotions in the name of Jesus.
43. Every pattern of laziness and slavery in my foundation, break, in the name of Jesus.

# Prayerpoints for Breakthrough

## PRAYER POINTS

44. Any evil pattern of laziness sponsoring fear and wastage in my life, break, in the name of Jesus.
45. My life, refuse to co-operate with the spirit of laziness, in the name of Jesus.
46. I break free and lose myself from the grip and control of family idol spirit in the name of Jesus.
47. Every problem in my life promoted by idol worship, die in the name of Jesus
48. Lord, deliver me from every evil pattern, emanating from evil family idol, in the name of Jesus.
49. Every arrow of mental disorder, fired into my brain, go back to your sender, in the name of Jesus.
50. Every evil computer system against my life in the demonic world, shatter to pieces, in the name of Jesus.
51. Any evil pot cooking my destiny, break by fire, in the name of Jesus.
52. Evil pattern of horrible dreams in my life, break by fire, in the name of Jesus.
53. Let every evil pattern of satanic discipline in my life be terminated, in the name of Jesus.